

Online Symposium  
**"HEALTH MANAGEMENT  
IN EPIDEMIC AND PANDEMIC"**  
25<sup>th</sup> February 2022



# “HEALTH MANAGEMENT IN EPIDEMIC AND PANDEMIC”

Online Symposium

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## 11.00: Opening Speech

### 11.00: Session 1. Health Management in Epidemic: “Stay Active, Eat Clean, Be Healthy”

*Chairs: Assoc. Prof. Dr. Buket Akinci, Assoc. Prof. Dr. Genta Rexha*

11.10: Non-Communicable Diseases: Global Epidemic of the 21<sup>st</sup> Century

*Speaker: Prof. Dr. Fatma Çelik*

11.25: Physical Activity as a Healthy Living Behaviour

*Speaker: Assoc. Prof. Dr. Buket Akinci*

11.40: Healthy Nutrition as a Healthy Living Behaviour

*Speaker: Assoc. Prof. Dr. Meltem Soylu*

11.55-12.10: Questions, Discussion

12.10- 12.30: Break

### 12.30: Session 2: Health Management During and After Pandemic: Perspectives of Healthcare Providers

*Chairs: Prof. Dr. Nezihe Kaya Beji, Assoc. Prof. Dr. Erda Qorri, Prof. Dr. Arzu Razak Özdiñçler*

12.35: COVID-19 Epidemiology in Albania and the Treatment Approach in Dentistry During The Pandemic.

*Speaker: Assoc. Prof. Dr. Erda Qorri*

12.50: The Importance Of Good Nutrition During COVID-19 Pandemic.

*Speaker: PhD. Nilena Eriksen*

13.05: Digital Health Care: “An Accelerated Revolution by Pandemic”

*Speaker: Assist. Prof. Dr. Hikmet Uçgun*

13.20-13.30: Questions, Discussion

13.30-13.45 Break

### 13.45: Session 3. COVID-19 Studies

*Chairs: Prof. Dr. Uğur Cavlak, Assoc. Prof. Dr. Aida Dama, Assoc. Prof. Dr. Zeynep Hoşbay*

13.50: Cough Treatment In Patients With COVID-19: A Challenge For The Medical Staff And Pharmacists' Community

*Speaker: Assoc. Prof. Dr. Aida Dama*

14.00: The Importance Of Correct Use Of Medicinal Herbal Teas That Enhance Immunity In COVID-19's Patients. A Survey Study in Pharmacies of Tirana, Role of Pharmacists.

*Speaker: Dr. Kleva Shpati*

14.10: The Reimbursement Of COVID-19 Drugs In Albania.

*Speaker: Dr. Delina Xhafaj*

14.20: The Influence Of COVID-19 In Mental Disease

*Speaker: Dr. Aurora Napuçe*

14.30: COVID-19 In Pediatric Age Group Treatment Among Pediatricians And Pharmacist Community.

*Speaker: Edlira Kaloshi*

14.40: New nutraceutical containing a polyphenol from wine as a safe and effective therapy against COVID-19.

*Speaker: PhD. Patricia Daliu*

14.50-15.05: Questions, Discussion

## SYMPOSIUM SCIENCE BOARD

Prof. Dr. Nezihe Kaya Beji

Prof. Dr. Arzu Razak Ozdincler

Prof. Dr. Fatma Celik

Prof. Dr. Uğur Cavlak

Assoc. Prof. Dr. Zeynep Hosbay

Assoc. Prof. Dr. Buket Akinci

Assoc. Prof. Dr. Meltem Soylu

Assoc. Prof. Dr. Erda Qorri

Assoc. Prof. Dr. Aida Dama

Assist. Prof. Dr. Hikmet Uçgun

Assist. Prof. Dr. Asgar Amanpour

PhD Nilena Eriksen

PhD Xhejni Borshi

Dr. Kleva Shpati

**Symposium Secretary:** Assoc. Prof. Dr. Buket AKINCI

Assoc. Prof. Dr. Genta Rexha

Topic: HEALTH MANAGEMENT IN EPIDEMIC AND PANDEMIC

Time: Feb 25, 2022 11:00 Istanbul

Join Zoom Meeting

<https://us02web.zoom.us/j/86355151865?pwd=SVczTHpUaEd4UUhEaFltZC9XemVYQT09>

Meeting ID: 863 5515 1865

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